

Spiritual Wellness

Stay in Your Own Lane

By Christy McGriff, Founder and Executive Director

Be Still and Live Ministry

"Stay in your own lane!" rolls out of my mouth when another driver starts to move their vehicle into my lane. It's quite unnerving when this happens, because their actions could result in a terrible accident that could impact lives forever. A swift blow of the horn usually accompanies these words. This loud noise serves as warning of danger to the other driver. Immediately, the wheels of the vehicle jerk away from my lane. Not only does this happen to me, but I've watched it happen to others. I even admit I have been the one who has nearly ran another vehicle out of their lane. I have a theory for this common occurrence; it's called the blind spot. A blind spot is an area where a person's view is obstructed, and impending danger is hiding from our view.

Just as we have blind spots while on the road, we have blind spots in our journey of life. There are things we can't see that present a threat to the very purpose in which we were created. We face danger when we begin veering out of our own lane (our own intended path of life) and into someone else's. Moving out of our lane and into another's feels natural as we move through the course of our life, but the danger is there, in the blind spot. Comparison is in our human nature. We look at others' lives and feel the tug to measure up to their accomplishments. Our focus is easily turned from our path to their path. We begin striving to achieve based on their achievements. We begin seeking satisfaction based on their priorities. This is the point where we have entered the area of the blind spot. This is a dangerous place to live.

Here is what I've learned. **I have a lane specifically marked out just for me based on the assignment God has given me to complete in my lifetime.** *"Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles. And let us run with perseverance the race marked out for us."* (Hebrews 12:1) Did you catch that? **God has marked**



out a race specifically for each of us. We don't have to live under the burden of running someone else's race. We haven't been equipped for another's race. But Praise God we have been equipped for our own!

The natural tug we feel to move over into another's lane is a clever tactic used by the enemy. You see, if he can shift our focus into the lane of another, then he has successfully derailed us from our own, our purpose. Often times this works out beautifully for the one who seeks to destroy us. God's divine plan for our life is contained within the boundaries of our lane. He says so. *"The boundary lines have fallen for me in pleasant places; surely I have a delightful inheritance."* Psalm 16:6

The next time you find yourself comparing your life to that of another, resist the pull to veer into another's lane. Remember, you are only equipped to run the race marked out for you. Any other race is merely a distraction from your God-designed destiny.

You stay in your lane. I'll stay in mine. And may we celebrate together at the finish line as we hear these words - *"Well done, good and faithful servant! You have been faithful with a few things; I will put you in charge of many things. Come and share your master's happiness!"* (Matthew 25:21)



We're bringing Simple to you!

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This simplelife girlfriend gathering is a great opportunity to gather together in a small intimate setting to be inspired to begin the simplelife journey - a journey with just enough baggage. It's easy for us to understand that we need simplicity in our lives, but much harder to implement. Christy has taken this simplelife journey, and it is her heart to share what she has learned along the way about what it takes to make the shift from a hectic, busy life to one full of peace, purpose and simplicity.

This ministry exists to inspire simplicity. This simplelife girlfriend gathering is a great way to get this message into the hearts of busy women like you. Learn more at www.bestillandlive.org/girlfriendgathering.